

# How to avoid Operations

## These Three Women Tell How They Escaped the Dreadful Ordeal of Surgical Operations.

Hospitals are great and necessary institutions, but they should be the last resort for women who suffer with ills peculiar to their sex. Many letters on file in the Pinkham Laboratory at Lynn, Mass., prove that a great number of women after they have been recommended to submit to an operation have been made well by Lydia E. Pinkham's Vegetable Compound. Here are three such letters. All sick women should read them.



Marinette, Wis.—"I went to the doctor and he told me I must have an operation for a female trouble, and I hated to have it done as I had been married only a short time. I would have terrible pains and my hands and feet were cold all the time. I took Lydia E. Pinkham's Vegetable Compound and was cured, and I feel better in every way. I give you permission to publish my name because I am so thankful that I feel well again."—Mrs. FRED BEHNKE, Marinette, Wis.

Detroit, Mich.—"When I first took Lydia E. Pinkham's Vegetable Compound I was so run down with female troubles that I could not do anything, and our doctor said I would have to undergo an operation. I could hardly walk without help so when I read about the Vegetable Compound and what it had done for others I thought I would try it. I got a bottle of Lydia E. Pinkham's Vegetable Compound and a package of Lydia E. Pinkham's Sanative Wash and used them according to directions. They helped me and today I am able to do all my work and I am well."—Mrs. Thos. DWYEN, 989 Milwaukee Ave., East, Detroit, Mich.

Bellevue, Pa.—"I suffered more than tongue can tell with terrible bearing down pains and inflammation. I tried several doctors and they all told me the same story, that I never could get well without an operation and I just dreaded the thought of that. I also tried a good many other medicines that were recommended to me and none of them helped me until a friend advised me to give Lydia E. Pinkham's Vegetable Compound a trial. The first bottle helped, I kept taking it and now I don't know what it is to be sick any more and I am picking up in weight. I am 20 years old and weigh 145 pounds. It will be the greatest pleasure to me if I can have the opportunity to recommend it to any other suffering woman."—Miss IRENE FROELICHER, 1923 Manhattan St., North Side, Bellevue, Pa.

If you would like special advice write to Lydia E. Pinkham Med. Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

### CORN RIPENING FAST.

Weather Past Week Has Been Favorable—Haying Making Rapid Progress.

Washington, Sept. 8.—Corn had favorable weather for maturing in the central and upper Mississippi valley during the week just ended and the crop is fast nearing the point of safety from frost damage, according to the national weather and crop bulletin just issued. The bulk of the corn crop in the northern part of the country will need from ten to fifteen days to be safe from frost damage, which will carry the time about the average first killing frost date.

Harvesting of grains had exceptionally favorable weather and threshing is going on in virtually all districts. Haying is making rapid progress in all sections.

There was some improvement in cotton in the northern part of the belt and weather was generally favorable for picking and ginning in central and southern districts.

White potatoes were more seriously affected by unfavorable weather than had been supposed. Digging discloses greater damage than predicted in the vines. Only an average yield is indicated for New England and parts of the central Appalachian region, and the crop is very poor in most central and northern districts.

Dry and hot weather had a permanent injurious effect on sugar beets in

## FRECKLES

Sun and Wind Bring Out Ugly Spots—How to Remove Easily

Here's a chance, Miss Freckle-face, to try a remedy for freckles with the guarantee of a reliable dealer that it will not cost you a penny unless it removes the freckles; while if it does give you a clear complexion the expense is trifling.

Simply get an ounce of ointment—double strength—from any druggist and a few applications should show you how easy it is to rid yourself of the homely freckles and get a beautiful complexion. Rarely is more than one ounce needed for the worst case.

Be sure to ask the druggist for the double strength ointment, as this is the prescription sold under guarantee of money back if it fails to remove freckles.—Adv.

## The Household Remedy

for the ailments from which almost everyone sometimes suffers—sick headache, constipation, disturbed sleep, muddy complexion, lassitude, backache, depression and other results of a disordered digestive system—is

## BEECHAM'S PILLS

They have achieved the distinction of being the most widely used medicine in the world, because millions of people have found them dependable, speedy and sure in their action on stomach, liver, kidneys and bowels.

Compounded from vegetable products, Beecham's Pills are free from harmful minerals and dangerous drugs. They do not promote the physic habit—do not irritate the bowels. Should be taken by every member of the family at the first sign of illness—so mild and effective that they are good for the aged, and for the ills of childhood, are

## Safe for Children

Directions of Special Value to Women with Every Box. Sold by druggists throughout the world. In boxes, 10c, 25c.

## HUGHES IN NEW ENGLAND

The Republican Candidate Speaks in Maine and New Hampshire

### TO ASSAULT THE DEMOCRATS

Addresses at Portsmouth, N. H., and Beverly, Mass.

Portsmouth, N. H., Sept. 8.—Republican candidate Hughes carried his fight for votes into New England yesterday. For the next four days he will be campaigning strenuously in Maine. His program for this wind-up of his transcontinental trip is one of the busiest he has been called on to follow since leaving New York more than a month ago.

Arriving here, the Republican candidate and Mrs. Hughes motored to Hampton Beach, where a brief noon speech was scheduled. Returning to Portsmouth, Mr. Hughes was to speak here and later at York Harbor, Me. He planned to motor from York Harbor to Portland for a night meeting. A brief stop was planned for a rear-end platform speech at Beverly, Mass., on the return trip.

Mr. Hughes is looking forward with considerable anticipation to his invasion of New England, and particularly of Maine. His "day of rest" Wednesday en route from Cincinnati was occupied principally in rearranging dates for a new series of assaults on the Democrats. He expects to dissect some recent Democratic legislation in pursuance with his line of attack on his opponents, first announced at Nashville, Tenn., and Lexington, Ky.

### THE SOUTH IS APATHETIC ABOUT WOMEN VOTING

Mrs. Guilford Dudley Declared to National American Woman Suffrage Association at Atlantic City.

Atlantic City, N. J., Sept. 8.—The National American Woman Suffrage association held a "Dixie session" last night at which a number of women suffrage leaders from the South made interesting reports of progress in that section.

Mrs. Guilford Dudley, president of the Tennessee Equal Suffrage association, delivered an address on "The Southern Temperament as Related to Woman Suffrage." She said, in part:

"The only business a southern girl is ever taught, or is born with a knowledge of, is the business of hearts—the way to win them, the way to hold them—sometimes, the way to destroy them, but more often the way to cherish them through life. So what had woman's suffrage to do with us? Our laws were bad, particularly those affecting women and children, but then our men were so much better than our laws, so why worry? The much-vaunted southern chivalry was so real that it was almost impossible to convict a woman in court, and the southern men so imbued with the idea of protecting women that the lawmakers would not permit a married woman to make a contract in her own name until two years ago.

"Now, it seems to me that with us, much of the opposition to woman suffrage is founded on the supposition that men and women are ideal creatures—that men are always going to protect women, and no woman is ever going to need protection against men.

"We are a race of dreamers in the South, by choice and because of climatic conditions. Doing things makes no appeal to us as long as we can sit and think about them. That is why we are still doing the rough work of the world, instead of turning out the finished product; sending our lumber to eastern markets to receive the mark of the master craftsman; sending our cotton everywhere to be turned into the finest fabrics, and that is why we haven't already got woman suffrage throughout the South to-day.

"As long as it was a question of woman's rights; as long as the fight had any appearance of being against man; as long as there seemed to be a vestige of sex antagonism, the southern woman stood with her back turned squarely toward the cause. She wouldn't even turn around to look at it. She would have none of it at all. But when she awoke slowly to a social consciousness, when eyes and brain were at last free, after a terrible reconstruction period, to look out upon the world as a whole; when she found particularly among the more fortunate classes that her leisure had come to mean laziness, when she realized that through the changed conditions of modern life so much of her work had been taken out of the home, leaving her to choose between following it into the world or remaining idle; when in a clearer vision she saw that man needed her help in governmental affairs, particularly where they touched her own interests, she said, 'Oh, that is so different!'

"Right about face she turned, and she said to the southern man: 'I don't wish to usurp your place in government, but it is time I had my own voice.'

"Not only the southern woman but the southern man is now awake, and present conditions strongly indicate that before another year has passed we will have some form of suffrage for the women of our states. We are essentially an imaginative, romantic people and we have seen a vision—the vision of a time when a woman's home will be the whole wide world, and her children all those whose feet are bare; and her sisters, all those who need a helping hand. A vision of a new knighthood, a new chivalry, when men will not only fight for women, but for the rights of women. You know the cynical French phrase, wherever there is trouble, cherchez la femme. We do not accept it. We believe that wherever a man has reached the heights, there you may, indeed, look for the woman."

## Topics of the Home and Household.

That common but oft-misunderstood complaint—flatfoot—is believed to be not infrequently the cause of backache. Usually the pain is in the small of the back and is increased by standing or bending over.

"Shut the door to the sun and you'll open it to the doctor," is an Italian proverb well worth considering. Keep a plant in the dark for a time, then look at it and draw your own conclusions as to the influence of sunlight on vigor and beauty.

Having the kitchen table on castors will be found a great help toward saving steps. When work is being done at the sink the table may be rolled over near it and the clean dishes put on the table; or, when cooking is being done, the table may be pushed near the stove and the necessary cooking articles placed conveniently at hand.

When pressing dark garments cover the ironing board for the time with some dark lining material. Otherwise, sometimes after the garment has been dampened and pressed on the usual white cover white blotches are seen, owing to the starch on the cover. The dark cover also keeps the usual white one clean.

Try washing flannels by this rule. Make good suds of white soap in warm water (not boiling) and wash the flannel underwear in this water apart from everything else. Do not rub soap on the garments, or they will be hard and stiff. Wash well through two waters prepared the same way; then rinse in warm water to which a little bluing has been added. After rising thoroughly wring them out well, shake them and spread on the clothesline. While they are drying shake, stretch and turn them from time to time. They should dry slowly. Flannels washed in this way will keep soft and shrink but little.

To be ready for next Christmas take a little notebook, attach it by a string to your desk or some other place where you will see it through the year and in the book allow a page for each of those to whom you give Christmas presents. Try to get some gifts or to make some every month. When you have done this, cross off in the book the names of those for whom you have provided. When the holiday season comes again if you have followed this plan you will find that you have more satisfactory gifts, have felt less worry in getting them ready and incidentally have saved some expense.

### Washing Gloves.

The makers of a well known brand of silk gloves give the following directions for the preservation of the latter beyond the usual span of life allotted to them. Use only lukewarm water and a pure soap, never an ordinary yellow laundry soap. Do not wring or twist. Rinse thoroughly, because any soap left in the gloves will discolor them. Pull lengthwise, wrap and squeeze in a towel, then stretch into shape and lay flat to dry, between a folded dry towel.

Greater care is necessary with black and colored stitching. Put a little salt in the water to prevent color running. It is helpful when drying to stuff the gloves with tissue paper, as it absorbs the

moisture before it has a chance to run.

### All About Women.

Miss Blanche E. Pursel of Danville, Pa., is the proprietor of an industry that turns out over 1,500 glasses of jelly a day.

Among the entire membership of the Daughters of the American Revolution there are only 118 classes as "real daughters."

Both Dowager Queen Alexandra of England and the Dowager Empress Marie of Russia have the same hobby—that of photography.

Miss Augusta McClellis of Berwick, Me., has been almost continuously at work at the looms for the last 53 years. In the freshman class of the department of journalism in the Ohio State university is Miss Lucy Stone, who is 60 years of age.

The city government of Budapest, Aus-

tria, has put in an order with the Hungarian Suffrage association for 500 women to work as street cleaners.

Mrs. Luis Crea, American wife of the former Nicaraguan minister to the United States, has taken up a course in law at the George Washington university.

Refusing to take a dare, Mrs. Marie Morgan of Sedalia, Mo., made a balloon ascension to the height of 1,200 feet, from which she dropped to the ground in safety with a parachute.

Mrs. Martin W. Littleton, wife of former Congressman Littleton of New York, is given the credit for having the government negotiate for the purchase of the famous Thomas Jefferson mansion.

Miss Charlotte J. Kuehne of St. Louis recently passed an examination for nurse with an average of 97.1 per cent, being the highest mark made by any woman in Missouri.

Any woman who can cook is eligible

to take the examination for the position of specialist in home economics for which the United States government is willing to pay \$3,500 a year salary.

As a means of gaining speed, a telegraph company in New York has equipped its 62 girl messengers with roller skates. This army of girls deliver messages in the company's great operating room, thereby bringing about a saving of one-half in time.

Women are employed as inspectors for women that work in 22 states. New York has 15, Pennsylvania 10, Ohio eight, Wisconsin five, Minnesota four, New Jersey, Michigan and Illinois three each, California and Maryland each have two and in 12 other states there is one inspector in each.

Miss Katherine Ommerey of Greeley, Colo., star athlete and expert tennis player, has gone to Hawaii, where she will act as professor of English in the Honolulu high school. Dorothy Dexter.



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Don't let your car run into the ditch. Poor gasoline will put it there quicker than anything else.

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